

ACADEMIC YEAR 2024 - 2025 - I. SEMESTER

CULTURAL & TRAINING ACTIVITIES

September 26, 2024



OUR KEYWORDS

The Cultural & Training Activities are complementary to the university courses and aim to provide the tools to understand the complexity of reality by experimenting:

- Multidisciplinary approach
- Social mobility
- Culture of merit
- Soft skills
- Internationalization
- Connection with the professional world
- Personal and professional growth
- Active citizenship

These activities also help the students consolidate critical thinking, judgment ability and sense of responsibility towards themselves, towards others, towards the community of Collegio di Milano and towards the society.



Multidisciplinary
approach



Social mobility



Culture of merit



Soft skills



Internationalization



Connection with
professional world



Personal and
professional growth



Active citizenship

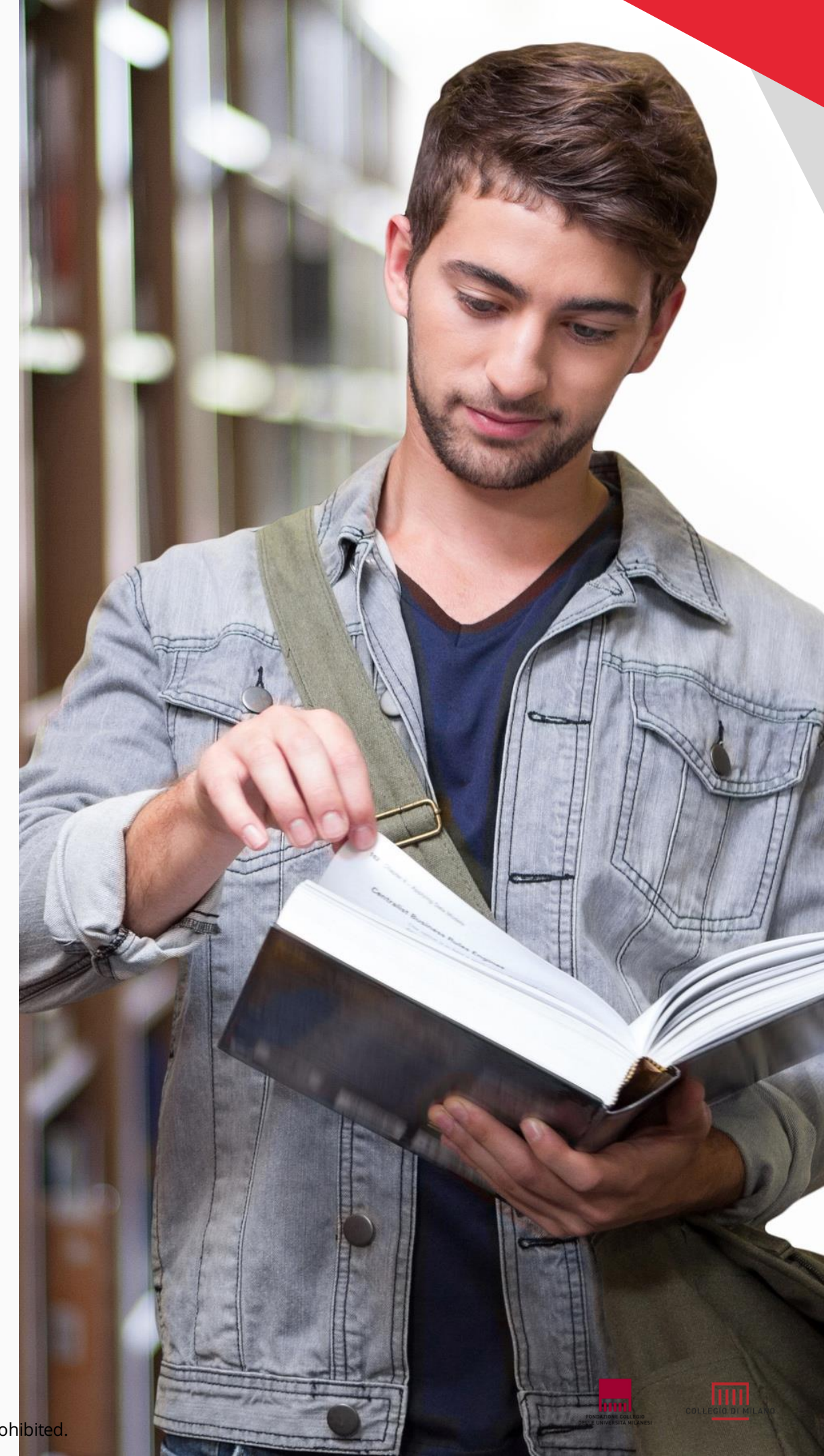
OBJECTIVES & ORGANISATION



The Cultural & Training Activities have been elaborated upon by the Scientific Committee in compliance with the enacted legislation of the Italian Ministry of University and Research (MUR) about Collegi di Merito.



The organization of the Cultural & Training Activities will last the entire Academic Year, with a diversified distribution of classes and lessons, to allow each student to organize their participation in the Collegio's activities together with their university duties.



We offer different teaching methods that allow to convey the learning of contents and skills and the activation of a critical and projective thinking.

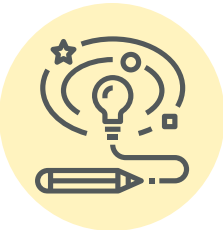


The 5 focuses
of our Cultural and Training Activities



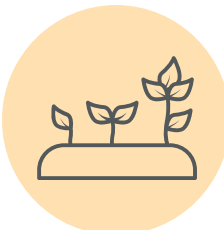
FOCUSES & INSIGHTS

To better define the focuses covered within the Cultural & Training Activities, we identified a few key words and tags that represent the knowledge and awareness that you will develop within each theme.



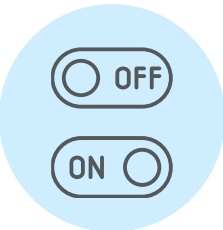
Imagination

Architecture	Startup	Writing	Photography	Music
Art	Programming	Designing	Cinema	Fashion
Design thinking	Creativity	City planning	Theater	



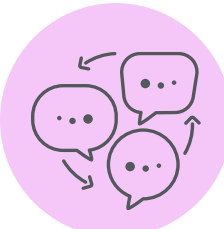
Development

Management	Economic development	Sports	Sustainability Development Goals (SDG)	Sociology
Soft skills	Developing projects and events	Knowledge	Technical skills	Languages
Volunteering				
Personal and professional development	Being young adults	Short/medium/long term		



Off-Line / On-line

Geopolitics	Cybersecurity	Social media	Digital transformation	Sociology
Politics	Work-life balance	Metaverse	Technical skills	History
Fact-checking and critical thinking	Soft Skills	Digital well-being	Economy	



Perspectives

Design	Development	Social awareness	Dialogue between generations	Health
Philosophy	Dialogue between knowledges	Anthropology	Economy/war/pandemic	Astronomy
Research and data analysis	Diversity Management	Short/medium/long term	Understanding Cultures	



Sustainability

Awareness	Circular economy	Environmental footprint	Environmental sustainability	Health
Future	Different topics regarding sustainability (e.g., economy, firms)	Finance	Social sustainability	Physical and mental wellbeing
Social and business responsibility	Decentralizing and adapting to the local needs	Economical sustainability	Food and nutrition	

COURSES

AI FOR SMALL BUSINESSES & STARTUPS



1.
SEM



BEYOND BORDERS:
ADDICTION AWARENESS



1.&2.
SEM



DEMOCRATIZING THE CdM
GYM



1.&2.
SEM



E DA ALLORA SOLO OGGI
NON FARNETICO PIÙ



1.
SEM



ERASMUS+ TOOLKIT



1.
SEM



FREE YOUR HAND WITH
DRAWING



1.
SEM



GHIACCIAI E CAMBIAMENTI
CLIMATICI



1.
SEM



INVENTARE LA PACE



1.
SEM



MARTIAL ARTS AND SELF
DEFENSE



1.
SEM



MILANO - CORTINA 2026



1.&2.
SEM



FOTOGRAFIA



1.
SEM



PRESIDENTIAL ELECTIONS
2024



1.
SEM



SCIENCE AND CULTURAL
HERITAGE



1.
SEM

























SCOPRIRE LA REALTÀ
DELL'ISLAM
























1.
SEM












































COURSES

SCRITTURA CREATIVA E AI			1. SEM	
THE EVOLUTIONARY WEAVE			1.&2. SEM	
AI AND BUSINESS ETHICS			2. SEM	
CASI E QUESTIONI DI DIRITTO PRIVATO			2. SEM	
L'EVOLUZIONE DELLA MORALE			2. SEM	
MENTORSHIP PROGRAM			2. SEM	 
MODA E STILE			2. SEM	

NAVIGARE NELLA GLOBALIZZAZIONE			2. SEM	
PINOCCHIO O DELLA PAROLA LIBERATA			2. SEM	
USING GenAI FOR THE LEARNING EXPERIENCE			2. SEM	
ARCHITETTURE A MILANO			1.&2. SEM	 
ART IN MILAN			1.&2. SEM	 
DESIGN WALKS & TALKS			1.&2. SEM	 


COURSES


ACTIVITY WITH ITALIAN ASSISTANT			1.&2. SEM		
ACTIVITY WITH ENGLISH ASSISTANT			1.&2. SEM		
CONVERSATION EXCHANGE	Italian, English, French, German, etc.		1.&2. SEM		
CORSO DI LINGUA E CULTURA ITALIANA			1.&2. SEM		
IELTS PREPARATION CLASS			1.&2. SEM		

MENTORSHIP PROGRAM			2. SEM		
COMPANY VISITS	 		1.&2. SEM		
JOB-SHADOWING	 		1.&2. SEM		
SPECIAL GUEST EVENINGS	 		1.&2. SEM		
EXTERNAL COMMUNITY SERVICE	 		1.&2. SEM		
LEARNING BY DOING ACTIVITY – CONVERSATION EXCHANGE, SPECIAL GUEST EVENING, CDM NEWS	 		1.&2. SEM		


COURSES


EXPLORING WELLBEING -
MINDFULNESS







1.
SEM







EXPLORING WELLBEING -
LOVE SKILLS







1&2.
SEM







EXPLORING WELLBEING –
THE PATH TO ADULthood







2.
SEM






JUMP INTO THE WORK -
WRITING AN EFFECTIVE CV







1.&2.
SEM




JUMP INTO THE WORK -
SSOCIAL SELLING E
PERSONAL BRANDING







2.
SEM




JUMP INTO THE WORK -
REVERSE RECRUITING







2.
SEM




READING & LIVING SKILLS -
LIVING & WORKING WITH
DIFFERENCES







2.
SEM







READING & LIVING SKILLS -
TEAMWORKING: WHY&HOW





1.
SEM





During the Academic Year students will have the possibility to participate in various extra events and opportunities organized with different partners too. Stay tuned!